

# Skill Sheet 10-I-14

**Objective 31:** Leg lock on a ground ladder. (*NFPA® 1001, 5.3.6*)

**Student Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Directions

For this skills evaluation checklist, students will demonstrate the leg lock on a ground ladder.

## Equipment & Materials

- Ground ladder
- Protective clothing

## Criteria & Evaluation Comments

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Criteria (determined by the AHJ)

*After the candidate has completed the skill sheet, write comments below.*

Evaluator/Candidate Comments

Pass

☐

Fail

☐

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Evaluator Signature

Date

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Student Signature

Date

## Skills Evaluation Checklist

**Objective 31:** Leg lock on a ground ladder.

Task Steps		Yes	No
1.	Climb to the desired height.		
2.	Advance one rung higher.		
3.	Slide the leg on the opposite side from the working side over and behind the rung to be locked in to.		
4.	Hook foot either on the rung or on the beam.		
5.	Rest on thigh.		
6.	Step down with the opposite leg.		